ZEST DENTAL SOLUTIONS

Cem EZ

An adhesive resin cement for the esthetic and permanent cementation of nearly all indirect restorative materials

Proper cementation is crucial for successful restorations and a profitable dental practice. That’s certainly the case for Dr. Pearl Zadeh, who estimated that bonded dentistry is 99% of her practice. Dr. Zadeh’s idea of the ideal cement is one that is user-friendly and easy to use, with a reproducible tack-cure time and easy atraumatic cleanup. For posterior cases in particular, Dr. Zadeh shares, “You want something reproducible and predictable... as I say, ‘dummy proof!’”

Zest Dental Solutions believes it has developed the ideal cement with Cem EZ, an adhesive resin cement introduced in 2017. After testing Cem EZ for this Dental Product Shopper evaluation, Dr. Zadeh discovered that it exceeded her expectations—it was easy to dispense, atraumatic to clean up, and created what she described as a beautiful seal on post-op x-rays. Let’s hear what other dentists had to say about evaluating this DPS Best Product.

Ease of Use and Versatility

Available in syringes with automix tips, Cem EZ provides excellent adhesion to enamel, dentin, ceramics, and metals and, according to Zest, is the ideal viscosity for placement of crowns, inlays, onlays, and posts. Dr. Martin Man said Cem EZ’s “good delivery system” did not extrude excessive cement subgingivally, which resulted in successful restorations, and Dr. Roger Zenn said Cem EZ was easy to work with. Calling it a great product that’s easy to use and to clean, Dr. Beena Lad said, “I would definitely recommend [Cem EZ] to fellow colleagues.” When asked about potential improvements, Dr. R.J. Sondkar would like to see a larger dispenser, and Dr. Blalock liked the ease of removal and explained, “It does not get as hard when doing a job.” Dr. Blalock agreed that she needed more something reproducible and predictable... as I say, ‘dummy proof!’

Ease of Cleanup and Esthetics

With a simple tack cure, cleaning up excess cement is quick and effortless, according to Zest. “This cement cleaned with ease,” noted Dr. Zadeh, who found that the “good and reproducible [back] cure time allowed ease of cement removal in hard-to-reach areas.” Dr. Blalock liked the ease of removal and explained, “It does not get as hard when doing a quick core of the excess, and it removes easily in the interproximal areas.”

Zest Dental Solutions discovered that the cement performs well for all post systems, all lithium disilicate prosthetics, and all zirconia prosthetics. In fact, when asked what he liked best about the product, Dr. Man replied, “I liked its adaptability to all clinical situations.”

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Restorative materials, Zest describes Cem EZ as “one cement to rule them all.” While looking for a universal adhesive system, Dr. Man discovered that Cem EZ’s versatility was very convenient, and concluded, “This cement performs well for all post systems, all lithium disilicate prosthetics, and all zirconia prosthetics.”

In fact, when asked what he liked best about the product, Dr. Man replied, “I liked its adaptability to all clinical situations.” Dr. Mitchell Pasenkoff was also amazed that Cem EZ could work with all different materials and decided, “Cem EZ has all of what you need for cementation.” Commenting that the instructions are clear and concise for the different applications, Dr. Dana Blalock said she had great success cementing e.max and zirconia crowns with Cem EZ.

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Zest Dental Solutions, DDS
Daniel Island, SC

Very good cement clean up, easy to dispense, beautiful seal on post op x-rays.

Pearl Zadeh, DDS
Woodland Hills, CA

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Q&A

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